

The Western Suburbs Haven Inc.

The Haven Wrap

ABN: 960 205 800 66 Charitable Fundraising No. 16069

JULY - AUGUST 2015

Management Committee:

Chairperson

Garry Bonomo

Secretary

Maureen Spalding

Acting Treasurer

Noel Shelford

Kellie Blissett

Members

Donald Sharp

Pat Kennedy

Ray Urquhart

Christine Rowan

Glen Mayor

Public Officer

Colleen Logan

Contact Details:

The Haven Office

Ph: 9672 3600

Fax: 9672 3655

thehavenoffice@bigpond.com

MEMBERSHIP RENEWALS DUE FOR 2015-2016

To our long standing members we thank you for continuing to support us through the years; your contributions, whether it has been time spent volunteering, promoting our organisation or through donations is highly valued.

Being a financial member of The Western Suburbs Haven Inc. is not necessary to access our services for those living with HIV/AIDS, however it can limit your say in how The Haven runs and provides services.

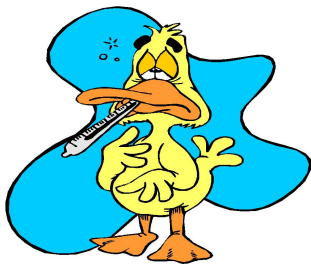
Membership costs only \$5.00 and is put towards the services offered at The Haven. For current members, renewal forms will be mailed out soon. To apply to become a new member applications can be picked up from the office or call 9672 3600 to have one mailed out.

*The Western Suburbs Haven Inc.
Management Committee*



Visitors please help us stop the spread of colds and flu!

1. Wash your hands regularly
2. Cover your mouth when coughing or sneezing
- 3. Stay home if you know you are sick**



bobby goldsmith foundation
practical emotional financial support

BGF OUTREACH VISIT AT THE HAVEN

**BGF caseworkers will be visiting on
Wednesday 26th August**

For an appointment to see a caseworker on their
next visit please call BGF on 9283 8666 or
enquire at The Haven Office.



Tree of Hope

The **Tree of Hope** (ToH) is a CatholicCare service which provides emotional and practical support to people living with HIV/AIDS, their family and support person. This service is open to people of any faith or no faith.

We are based in Lewisham with outreach at Surry Hills.
The ToH is a place of hospitality and welcome, and offers a space for reflection, support and friendship.



Up Coming Events

- 24 June — Lewisham Drop-In Time 11-2pm
- 10 July — Surry Hills Reflection Evening 5-8pm
- 22 July — Lewisham Drop-In Time 11-2pm
- 30 July — Lewisham Evening Catch Up **5-8pm**
- 14 August — Surry Hills Social Gathering 5-8pm
- 26 August — Lewisham Drop-In Time 11-2pm
- 11 Sept — Surry Hills Reflection Evening 5-8pm
- 23 Sept — Lewisham Drop-In Time 11-2pm

2C West Street (Cnr Thomas St)
LEWISHAM NSW 2049
PO Box 360
SUMMER HILL NSW 2130
t: 9509 1240 (direct)
e: treeofhope@catholiccare.org
w. www.catholiccare.org

POZHETEVENETS



pozhet
(Heterosexual HIV
Service for NSW)

PO Box 3159
Redfern
NSW 2016

FREECALL
1800 812 404

WEB
pozhet.org.au

EMAIL
pozhet@
pozhet.org.au

WESTERN SYDNEY PROGRAM FOR 2015

FOR: MEN AND WOMEN LIVING WITH HIV AND THEIR PARTNERS

TOPICS: HIV AND THE LAW

GUEST SPEAKER: HALC (HIV LEGAL CENTRE) PRESENTING

WHEN: 18TH JULY, 10.30 AM – 3PM

FUTURE EVENTS: 7TH NOV

WHERE: WESTERN SUBURBS HAVEN, BLACKTOWN

**MEET OTHERS / CHAT OVER LUNCH / FIND OUT MORE ABOUT THE LAW
PRIVACY, DISCLOSURE, WORK, HEALTH, INSURANCE, ASK QUESTIONS**

CONTACT MAXINE AT POZHET ON 1800 812 404 OR THE HAVEN 9672 3600



The Western Suburbs Haven Inc.



real people making a real difference

Next Volunteer Meeting

Wednesday July 19, 2015



Are you a heterosexual man or women and HIV positive?

Are you the partner or a family member of a heterosexual HIV positive person?

Help Pozhet (Heterosexual HIV Service) improve services by completing this NSW survey, for heterosexual people with HIV and their partners/family members

Visit www.pozhet.org.au

Next Men's Day Out

For men using services at The Haven.



From the wonderful world of history to the thrilling theatre of sport, to the glitz and glamour of music and film there is something for everybody to enjoy!

When: Monday August 3rd 2015

Where: Meet outside of Madame Tussauds Sydney Aquarium Wharf, Darling Harbour at 10:30am

Followed by lunch: at 1pm at the Helm Bar Bistro just across the wharf

Entry to the Museum & lunch provided thanks to a grant kindly donated by The Polly's Club.

Tickets will be purchased in advance so to secure your spot, let Colleen know by Friday, July 24 if you'd like to attend.

HEAVENSOCIALDANCE.COM

HEAVENS 8TH B'DAY & HAVEN CHARITY NIGHT

HOSTED BY: PANDORA BOX @ 9PM, PORTIA TURBO @ 10PM &
LAYDEE KINMEE @ 11PM

FEATURING: RIKKI RENEE, KOKO D'VYNE, LOLA DEL ARTE, APRIL
FOOLS, ELLECTRA KUTE, FIFI FO'FUM, WILHEMINA SCOTT, DANGER
DEL RAY, TINA BELLA, COCO FOXX, SHENEEDS AMORE, SANDY
BOTTOM, WANNALIC OVA, CHALELEZE URON, VENUS D'LUNA &
BOYS & MORE T.B.C

WHEN: SAT 25TH JULY 2015 **TIME:** 7PM - 1AM

ENTRY: \$15.00 **SHOW TIMES:** 9, 10 & 11PM

WHERE: NORTHMEAD BOWLING CLUB - 166 WINDSOR RD,
NORTHMEAD

MUSIC: DJ SHAFT **PHOTOS:** EGOMEDIA-AUSTRALIA

FOR MORE INFO: BEVERLY OR IAN (CO-ORDINATOR)
SMS 0433 232425 OR
COLLEEN (FROM THE HAVEN) 02 9672 3600.

SPONSORS



*ALL PROCEEDS FROM THE NIGHT (AFTER INITIAL COSTS) GOING TO THE WESTERN SUBURBS HAVEN

Computer Training At The Haven

The Haven offers one-on-one basic computer training on Wednesdays to help enrich the lives of service users and make them more self-reliant. This service is available for people who want to better understand basic computer use with tutoring provided by Kirsty. Existing & new service users welcome to access this training.

Training will be available on the following:

- Using Microsoft Windows
- Understanding the Internet
- Sending & Receiving E-mail
- Microsoft Word



COMPUTERS FOR SALE

These are old Haven computers that have been refurbished:



- Pentium 4 Processor
- 1GB RAM
- 160GB Hard Drive
- Windows 7
- Microsoft Office 2010 / Nero
- Maintenance Programs
- Tower Only – No Monitor

Quantity: 1

\$150

- Dual Core Processor
- 2GB RAM
- 500GB Hard Drive
- Windows 8
- Microsoft Office 2013
- Maintenance Programs
- Tower Only – No Monitor

Quantity: 1

\$150

Birthday Celebrations

(Last Friday of the month)

HAPPY BIRTHDAY to everyone born in May & June. If you would like to celebrate your birthday with everyone at The Haven, add your name to the birthday list on the notice board so that we can celebrate the last Friday of the month.



(TIP: If you have a word with Colleen at the beginning of your birthday month, you may be able to put an order in for your favorite cake to share with everyone on the Friday)

The Haven Pantry

MONDAY - THURSDAY

9am - 2.30pm



FRIDAY

9.30am - 11.30am

12.30pm - 1.30pm

We have a wide range of supermarket items available in our pantry. Fresh bread and some fruit & vegetables are available Thursdays and Fridays.

Haven Happenings in July

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
		1 .	2 Fresh Bread, Milk, Fruit & Veg Available	3 Friday Lunch
6	7	8 Computer Training	9 Fresh Bread, Milk, Fruit & Veg Available	10 Friday Lunch
13	14	15 Computer Training	16 Fresh Bread, Milk, Fruit & Veg Available	17 Friday Lunch
20	21	22 Computer Training	23 Fresh Bread, Milk, Fruit & Veg Available	24 Friday Lunch
27	28	29 Computer Training Volunteer Meeting	30 Fresh Bread, Milk, Fruit & Veg Available	31 Friday Lunch

Saturday July 25th – Heaven’s 8th Birthday & Haven Charity Night
Northmead Bowling Club – 7pm – 1am
Entry Fee \$15

The Haven is open five days a week providing a light lunch Monday to Thursday and a specially cooked lunch on Fridays.

Haven Happenings in August

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
3 Mens Day Out	4	5 Computer Training	6 Fresh Bread, Milk, Fruit & Veg Available	7 Friday Lunch
10 Queens Birthday Public Holiday Haven Closed	11	12 Computer Training	13 Fresh Bread, Milk, Fruit & Veg Available	14 Friday Lunch
17	18	19 Computer Training	20 Fresh Bread, Milk, Fruit & Veg Available	21 Friday Lunch
24	25	26 Computer Training BGF @ The Haven	27 Fresh Bread, Milk, Fruit & Veg Available	28 Friday Lunch
31				

The Haven is open five days a week providing a light lunch Monday to Thursday and a specially cooked lunch on Fridays.

THE WESTERN SUBURBS HAVEN INC.

The Western Suburbs Haven Inc is a registered charity caring for people living with HIV/AIDS in the Greater West of Sydney. It exists to support, empower and care for people living with HIV/AIDS, their partners, families and carers.

We offer a range of services including, but not limited to

- + Respite/convalescent care, social support
- + Drop-in lunches
- + Group activities
- + Referrals to other services
- + Free Massage treatments once a term (funds permitting)
- + Free internet access (Monday – Friday)
- + Grocery items: our pantry is open Monday – Friday, **9am – 2.30pm.**
- + Transport to medical appointments (by arrangement only)
- + Pick-up and drop off at Blacktown station when Haven car is available

Our main source of funding is through funds received from Western Sydney Local Health District to provide Social Support & Respite Care; however we additionally seek donations and our hard working volunteers fundraise to meet the shortfall of funds to enable us to provide the wide range of services we offer to our service users. If you are interested in donating some time to volunteer; please call The Haven Office on 9672 3600.

If you are HIV Positive and think you could use any of our services, please give us a call and say hi or call in during drop-in hours for a cup of coffee and a chat.



Haven Hours

DROP-IN HOURS:

Monday- Friday 9am – 2.30pm

If you would like to discuss any private issues with office staff drop in or call in any weekday however access to office staff on Tuesdays is by appointment only.

(This allows office staff time to tend to necessary paperwork uninterrupted)

Phone: 9672 3600

Fax: 9672 3655

Email: **Colleen**

thehavenoffice@bigpond.com

To speak to a guest or a volunteer, call 9622 2413.