

The Western Suburbs Haven Inc.



The Haven Wrap

ABN: 960 205 800 66 Charitable Fundraising No. 16069



XMAS 2014



Management Committee:

Chairperson

Garry Bonomo

Secretary

Maureen Spalding

Treasurer

Jason Marks

Members

Donald Sharp

Pat Kennedy

Ray Urquhart

Kellie Blissett

Noel Shelford

Christine Rowan

Glen Mayor

Public Officer

Colleen Logan

**TO ALL SERVICE
USERS, MEMBERS
AND VOLUNTEERS**

A VERY MERRY XMAS

**WHY NOT
JOIN US FOR A
SPECIAL LUNCH
ON 19/12/14
RSVP BY 12/12/14**

Contact Details:

The Haven Office

Ph: 9672 3600

Fax: 9672 3655

thehavenoffice@bigpond.com



The Haven's AGM was held in November....

A new Management Committee was elected as listed on the front page.
We thank all our volunteers for all their hard work and dedication.

Christmas Raffle



The Raffle will be held at Westmead Hospital's University Clinic

Starting 8th December and drawn at 1pm 18th December in the foyer

Tickets are \$1 each and can be purchased at the Hospital or from The Haven office.



IF YOU HAVE ANYTHING THAT YOU CAN DONATE FOR SALE ON THE STALLS IT WOULD BE GREATLY APPRECIATED. FEEL FREE TO DROP YOUR DONATION IN TO THE HAVEN.

1st Prize: Gardening Trolley with Popcorn Maker, Giant Teddy Bear, Toys & Christmas goodies.

2nd Prize: Small basket with Sunbeam Sandwich Press, toys & Christmas goodies

3rd Prize: Basket with a Maxwell Williams teapot, cream and sugar jars, assorted teas and biscuits.

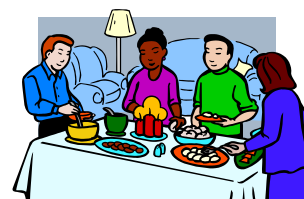
FRIDAY DROP-IN

CHRISTMAS LUNCH AT THE HAVEN

19th December will be our last Friday drop-in lunch for the year; we will be having a special Christmas lunch so if you are coming to The Haven on this day, **please let Colleen know by 12/12 so that we know how many people to cater for.**

All service users, members and volunteers invited.

Drop-In from 10.30am



Bobby Goldsmith Foundation **Outreach Visits at The Haven**

BGF caseworkers attend The Haven regularly to meet with their clients. **Next visit** will be **17th December 2014**.

Phone for an appointment - BGF on 9283 8666

Or ask Colleen to assist you to do so.

Volunteers needed

for Red Ribbon distribution

World Aids Day – Dec 1st

**The Haven will also have a stall
outside the Blacktown Library**



Christmas Closing Dates

The Haven will be closed during the Christmas / New Year period as follows:

Closed: From 24th December 2014

Reopens: 5th January 2015



AIDS Remembrance Day at Medlow Bath **Sunday November 30**

Join us for this Remembrance Day to coincide with World Aids Day at the Medlow Bath Park. From 11:30am with a free BBQ sausage sizzle.



Please advise if you will be there, book at info@threesisterssocial.asn.au or phone (02) 8230 0889

Tree of Hope



You are invited to join us in acknowledging people around the world living with HIV/AIDS by remembering, reflecting and giving thanks.

When: Wednesday **3 December at 2.00 pm**

Where: CatholicCare, 2C West Street, (Cnr Thomas St), Lewisham

Followed by BBQ

RSVP: Marg 9509 1240 / treeofhope@catholiccare.org

Birthday Celebrations **(Last Friday of the month)**

HAPPY BIRTHDAY to everyone born in Nov, Dec & Jan. If you would like to celebrate your birthday with everyone at The Haven, add your name to the birthday list on the notice board so that we can celebrate the last Friday of the month.



(TIP: If you have a word with Colleen at the beginning of your birthday month, you may be able to put an order in for your favorite cake to share with everyone on the Friday)

The Haven Pantry

MONDAY – FRIDAY

9am – 2.30pm



We have a wide range of supermarket items available in our pantry. Fresh bread and some fruit & vegetables are available Thursdays and Fridays.

NIB Foundation Grant

For Volunteer Carers

The final training course for our volunteer carers that the NIB Foundation provided a grant for, was held recently and focussed on how volunteers can deal with difficult people.

The day was enjoyable and the training was as beneficial as the training weekend that took place shortly after receiving the grant. Thanks to NIB, our volunteers are well so trained, they will be asking for a huge increase in wages, that is if they actually got paid! Again, thank you NIB for the opportunity and a big thanks to our volunteers who put the extra effort in take part in the training.





COMPUTERS FOR SALE

These are old Haven computers that have been refurbished:

- Pentium Dual Core Processor
- 4GB RAM
- 1TB Hard Drive
- Windows 7
- Microsoft Office 2010
- Maintenance Programs
- Monitor

Quantity: 1 \$200



- Pentium 4 Processor
- 1GB RAM
- 160GB Hard Drive
- Windows 7
- Microsoft Office 2010 / Nero
- Maintenance Programs
- Tower Only – No Monitor

Quantity: 1 \$150

- Dual Core Processor
- 2GB RAM
- 500GB Hard Drive
- Windows 8
- Microsoft Office 2013
- Maintenance Programs
- Tower Only – No Monitor

Quantity: 1 \$150

Computer Training At The Haven

The Haven will be offering a one-on-one basic computer training service from mid January 2015. This service will be available for people who want to better understand basic computer use. Tutoring will be provided by Kirsty (the new Bookkeeper), so that The Haven can provide training to help clients with the use of computers as a way of enriching their lives and making them more self-reliant.

Training will be available on the following:

- Using Microsoft Windows
- Understanding the Internet
- Sending & Receiving E-mail
- Microsoft Word



This service will be available on Wednesday's in 45 minute sessions. Please let the office know if you are interested.

Haven Happenings in December

Mon 1 st	World Aids Day	Pantry Open	Lunch
Tues 2 nd	Office Closed / Drop-In Open	Pantry Open	Lunch
Wed 3 rd	Tree Of Hope – Remembrance Function	Pantry Open	Lunch
Thurs 4 th		Pantry Open	Lunch
Fri 5 th		Pantry Open	Lunch
Mon 8 th	Raffle	Pantry Open	Lunch
Tues 9 th	Office Closed / Drop-In Open / Raffle	Pantry Open	Lunch
Wed 10 th	Raffle	Pantry Open	Lunch
Thurs 11 th	Raffle	Pantry Open	Lunch
Fri 12 th	Raffle	Pantry Open	Lunch
Mon 15 th	Raffle	Pantry Open	Lunch
Tues 16 th	Office Closed / Drop-In Open / Raffle	Pantry Open	Lunch
Wed 14 th	Raffle	Pantry Open	Lunch
Thurs 18 th	Raffle	Pantry Open	Lunch
Fri 19 th	Christmas Lunch	Pantry Open	Lunch
Mon 22 nd		Pantry Open	Lunch
Tues 23 rd	Office Closed / Drop-In Open	Pantry Open	Lunch
Wed 24 th	The Haven Closed (Christmas Eve)	Pantry Closed	
Thurs 25 th	The Haven Closed (Christmas Day)	Pantry Closed	
Fri 26 th	The Haven Closed (Boxing Day)	Pantry Closed	
Mon 29 th	The Haven Closed	Pantry Closed	
Tues 30 th	The Haven Closed	Pantry Closed	
Wed 31 st	The Haven Closed (New Year's Eve)	Pantry Closed	

*Bread, milk, fruit & vegetables available Thursdays & Fridays

*Free internet access available Monday- Friday

Haven Happenings in January 2015

Thurs 1 st	The Haven Closed (New Year's Day)	Pantry Closed	
Friday 2 nd	The Haven Closed	Pantry Closed	
Mon 5 th		Pantry Open	Lunch
Tues 6 th	Office Closed / Drop-In Open	Pantry Open	Lunch
Wed 7 th		Pantry Open	Lunch
Thurs 8 th		Pantry Open	Lunch
Fri 9 th		Pantry Open	Lunch
Mon 12 th		Pantry Open	Lunch
Tues 13 th	Office Closed / Drop-In Open	Pantry Open	Lunch
Wed 14 th	Computer One-on-One Training	Pantry Open	Lunch
Thur 15 th		Pantry Open	Lunch
Fri 16 th		Pantry Open	Lunch
Mon 19 th		Pantry Open	Lunch
Tues 20 th	Office Closed / Drop-In Open	Pantry Open	Lunch
Wed 21 st	Computer One-on-One Training	Pantry Open	Lunch
Thur 22 nd		Pantry Open	Lunch
Fri 23 rd		Pantry Open	Lunch
Mon 26 th	Australia Day Public Holiday / Closed	Pantry Closed	
Tues 27 th	Office Closed	Pantry Open	Lunch
Wed 28 th	Computer One-on-One Training	Pantry Open	Lunch
Thurs 29 th		Pantry Open	Lunch
Thurs 30 th		Pantry Open	Lunch
*Bread, milk, fruit & vegetables available Thursdays & Fridays			
*Free internet access available Monday- Friday			

THE WESTERN SUBURBS HAVEN INC.

The Western Suburbs Haven Inc is a registered charity caring for people living with HIV/AIDS in the Greater West of Sydney. It exists to support, empower and care for people living with HIV/AIDS, their partners, families and carers.

We offer a range of services including, but not limited to

- ✚ Respite/convalescent care, social support
- ✚ Drop-in lunches
- ✚ Group activities
- ✚ Referrals to other services
- ✚ Free Massage treatments once a term (funds permitting)
- ✚ Free internet access (Monday – Friday)
- ✚ Grocery items: our pantry is open Monday – Friday, **9am – 2.30pm.**
- ✚ Transport to medical appointments (by arrangement only)
- ✚ Pick-up and drop off at Blacktown station when Haven car is available

Our main source of funding is through funds received from Western Sydney and Nepean Blue Mountains Local Health District to provide Social Support & Respite Care; however we additionally seek donations and our hard working volunteers fundraise to meet the shortfall of funds to enable us to provide the wide range of services we offer to our service users. If you are interested in donating some time to volunteer; please call The Haven Office on 9672 3600.

If you are HIV Positive and think you could use any of our services, please give us a call and say hi or call in during drop-in hours for a cup of coffee and a chat.



WHY NOT BECOME A MEMBER

Are you aware we are the only organization in NSW offering so many direct personal services to people with HIV or AIDS, their carers' and families from a house in such a quiet street?

Being a financial member of The Western Suburbs Haven Inc. is not necessary to access our services for those with HIV/AIDS, however it can limit your say in how The Haven runs and provides services, being a member shows your support for what we do.

When reporting to our funding body or lodging submissions to organisations such as Clubs NSW one question often asked is "how many members do you have?". At this time when government is looking hard at who they are funding it is difficult to get them to understand why those using our services do not choose to be members. If you are not a member this is the time to ask yourself if it is worth \$5 a year for you or your family to be able to offer support for the services you use.

If confidentiality is your concern talk to us about this.

New membership applications can be picked up from the office or call 9672 3600 to have one mailed out.

Drop-In Lunches

The Haven is open five days a week providing a light lunch Monday to Thursday and a specially cooked lunch on Fridays.



Haven Hours

DROP-IN HOURS:

Monday- Friday 9am – 2.30pm

If you would like to discuss any private issues with office staff drop in or call in any weekday however access to office staff on Tuesdays is by appointment only.

(This allows office staff time to tend to necessary paperwork uninterrupted)

Phone: 9672 3600

Fax: 9672 3655

Email: **Colleen**

thehavenoffice@bigpond.com

To speak to a guest or a volunteer, call 9622 2413.