

The Western Suburbs Haven Inc.

# The Haven Wrap

ABN: 960 205 800 66 Charitable Fundraising No. 16069

August/September 2014

## *Management Committee:*

### *Chairperson*

*Garry Bonomo*

### *Secretary*

*Lorraine Williams*

### *Treasurer*

*Position Vacant*

### *Members*

*Donald Sharp*

*Pat Kennedy*

*Ray Urquhart*

*Kellie Blissett*

*Noel Shelford*

### *Public Officer*

*Colleen Logan*

## *Contact Details:*

### *The Haven Office*

*Ph: 9672 3600*

*Fax: 9672 3655*

*thehavenoffice@bigpond.com*



**WINTER HOT ROAST  
LUNCHES ARE BACK  
(First Friday of the month)**

## THE WESTERN SUBURBS HAVEN INC.

The Western Suburbs Haven Inc is a registered charity caring for people living with HIV/AIDS in the Greater West of Sydney. It exists to support, empower and care for people living with HIV/AIDS, their partners, families and carers.

We offer a range of services including, but not limited to

- + Respite/convalescent care, social support
- + Drop-in lunches
- + Group activities
- + Referrals to other services
- + Free Massage treatments once a term (funds permitting)
- + Free internet access (Monday – Friday)
- + Grocery items: our pantry is open Monday – Friday, **9am – 2.30pm.**
- + Transport to medical appointments (by arrangement only)
- + Pick-up and drop off at Blacktown station when Haven car is available

Our main source of funding is through funds received from Western Sydney and Nepean Blue Mountains Local Health District to provide Social Support & Respite Care; however we additionally seek donations and our hard working volunteers fundraise to meet the shortfall of funds to enable us to provide the wide range of services we offer to our service users. If you are interested in donating some time to volunteer; please call The Haven Office on 9672 3600.

If you are HIV Positive and think you could use any of our services, please give us a call and say hi or call in during drop-in hours for a cup of coffee and a chat.



## **To all Members/Service Users/Volunteers**

### **2014-2015 MEMBERSHIP**

If you have not paid your membership it's now overdue. At a time when all small charities and funding for NGO's are under threat it is important we can show the support of our community in the continuation of our services.

To our long standing members we thank you for continuing to support us through the years; your contributions, whether it has been time spent volunteering, promoting our organisation or through donations is highly valued.

Being a financial member of The Western Suburbs Haven Inc. is not necessary to access our services for those living with HIV/AIDS, however it can limit your say in how The Haven runs and provides services, it is also a show of support.

When reporting to our funding body or lodging submissions to organisations such as Clubs NSW one question often asked is "how many members do you have". At this time when government is looking hard at who they are funding it is difficult to get them to understand why those using our services do not choose to be members. If you are not a member this is the time to ask yourself if it is worth \$5 a year to be able to offer support for the services you continue to use.

New membership applications can be picked up from the office or call 9672 3600 to have one mailed out.

The Western Suburbs Haven Inc.  
Management Committee

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### **VOLUNTEER MEETING**

The next meeting for volunteer carers will be held:

5<sup>th</sup> August

**All** volunteers and committee members are asked to attend.

**Where: The Haven**

**Time: 10.30 am**

Everyone is welcome to stay for lunch afterwards.

## **DROP-IN LUNCHES**

The Haven is open five days a week providing a light lunch Monday to Thursday and a specially cooked lunch on Fridays.

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## **BIRTHDAY CELEBRATIONS (Last Friday of the month)**



HAPPY BIRTHDAY!!! to everyone born in August & September. If you would like to celebrate your birthday with everyone at The Haven, add your name to the birthday list on the notice board so that we can celebrate your birthday with you on the last Friday of the month.

*(TIP: If you have a word with Colleen at the beginning of your birthday month, you may be able to put an order in for your favorite cake to share with everyone on the Friday)*

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## **THE HAVEN PANTRY**

**MONDAY – FRIDAY**

**9am – 2.30pm**

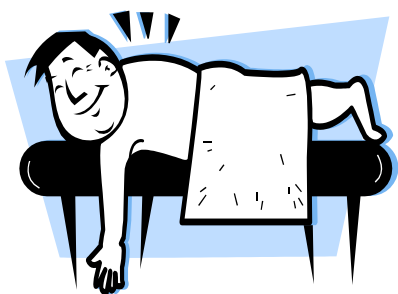
We have a wide range of supermarket items available in our pantry. Fresh bread and some fruit & vegetables are available Thursdays and Fridays.

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## **MASSAGE WITH CHARMAINE**

It was a pleasure to have Charmaine on board during the July school holidays. The number of those wanting a massage only highlighted how much this service was appreciated and what a loss when we could no longer get funding from any source to continue to provide it.

We will make every effort to continue to offer massage during school holidays however this is dependent on fundraised money and the commitment of Charmaine to put her life on hold to ensure her availability when we have the resources. We hope to offer massage sessions again in the upcoming September school holidays.



## **BOBBY GOLDSMITH FOUNDATION OUTREACH VISITS AT THE HAVEN**

BGF caseworkers will be visiting on Wednesday, August 6<sup>th</sup>  
and again Wednesday, September 24<sup>th</sup>.

To make an appointment with a case worker on their next visit, please call BGF on 9283 8666 or ask Colleen to assist with doing so.

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## **MANY THANKS NIB FOUNDATION!**

We were thrilled to receive a grant from the NIB Foundation for updated training for our Volunteer Carers. Training was held at the Nepean River Holiday Park and was a great success.

The facilities were excellent and all attending seemed to bond well. Although volunteers were at very different levels with some fairly new to volunteering and others with as much as 19 years experience it was again clear refresher courses were as much appreciated by the long standing volunteers as by the new.

There was an equal component of education and social within the structure of the weekend and even the heavy rain did not detract from the determination of all attending to give their utmost and enjoy the company of their fellow volunteers.

The Western Suburbs Haven would not exist without its volunteer carers; it is they who keep us functioning and the generous donation from NIB allowed us to show our commitment to our volunteers.

NIB has generously agreed that we can use the unspent portion of the grant to further our training allowing us to provide another training day in August which will be hosted by a professional training group at our home base.

At a time when all small charities and NGO's have no idea what the future holds it is really appreciated that such a well known organisation has allowed us to demonstrate our commitment to making every effort to keep on doing what we do so well.

***Well done NIB, your commitment to the community is a credit to your organisation.***



## A VERY BIG THANK YOU

To Beverly Buttercup and everyone involved in the Heaven Social Dance held on 12<sup>th</sup> July. Your donation of over \$2,000 which was from the takings at the door plus extra donations made by those who attended is greatly appreciated.

This generous donation to The Haven will help support people living with HIV/AIDS in Sydney's Greater West.

All money donated will be put directly towards the services we provide daily and is greatly appreciated by our service users.

Keep up the good work.

# What is on in Western Sydney in 2014?

## Heaven and Kaleidoscope Social Dance Dates:

Heaven 11 January (Frocked Up #2)  
Kaleidoscope 01 February  
Heaven 08 March  
Kaleidoscope 05 April  
Heaven 10 May  
Kaleidoscope 07 June (4th Birthday/Queen's Party)  
Heaven 12 July (7th Birthday/Haven Charity Night \$15)  
Kaleidoscope 02 August  
Heaven 13 September  
Kaleidoscope 04 October  
Heaven 15 November  
Kaleidoscope 06 December (Red Party #4/Acon Charity Night \$15)

### Important Information:

Heaven and Kaleidoscope are not for profit social dances  
with all proceeds (after initial costs) going to the  
Western Sydney Haven and/or ACON Western Sydney.

For more information call:

ACON West: 9206 2064

The Haven: 9672 3600

Heaven/Kaleidoscope: 0433 232 425

Heaven is at The Northmead Bowling Club ,166 Windsor Rd, Northmead n.s.w

Kaleidoscope is at The Parramatta Golf Club, Park Parade (crn pitt st) Parramatta n.s.w

[www.heavensocialdance.com](http://www.heavensocialdance.com)

[www.kaleidoscopesocialdance.com](http://www.kaleidoscopesocialdance.com)

(Coordinated by Beverly Buttercup, Gracie Lou & Ian Stumbles)

Proudly Supported by:

**GUIDE  
TO GAY  
DOTCOM**

**QUEER  
OUT WEST**

**Charmed  
Productions**

# MOVIE MORNING & PIZZA

## LUNCH AT THE HAVEN

Wednesday August 13<sup>th</sup> 10am



### Dallas Buyers Club

Ron Woodroof is an electrician and rodeo cowboy with a devil-may-care lifestyle who is blindsided with an H.I.V.-positive diagnosis and given 30 days to live. He quickly finds a lack of approved medications in the U.S. and crosses the border into Mexico where he learns about alternative treatments and begins smuggling them into the U.S. Ron finds an unlikely ally in fellow

AIDS patient Rayon, a transsexual who shares Ron's lust for life and entrepreneurial spirit. They establish a "buyers club," where H.I.V.-positive people pay monthly dues for access to the newly acquired supplies. Deep in the heart of Texas, Ron's pioneering underground collective beats loud and strong as he fights for dignity, education, and acceptance.

# POZHETEVENTS

pozhet  
(Heterosexual  
HIV Service for  
NSW)

PO Box 3159  
Redfern  
NSW 2016

FREECALL  
1800 812 404

WEB  
pozhet.org.au

EMAIL  
pozhet@  
pozhet.org.au



## POZHET AND THE HAVEN

**Meet others and be involved in healthy living discussions, manage your medications and talk to your doctor about HIV**

**Richard Kennedy (BGF) &**

**Dr Rick Varma HIV Specialist  
(Nepean & Parramatta Hospital)**

**Metro, regional and rural positive men and women  
welcome + partners + family**

**The Western Suburbs Haven Blacktown  
Saturday 30 August 10.30am - 3pm**

**Please RSVP**

**Pozhet 1800 812 404  
The Haven 9672 3600**

**pozhet@pozhet.org.au  
thehavenoffice@bigpond.com**



**Health  
Sydney  
Local Health District**

The Western Suburbs Haven Inc.



real people making a real difference



THE 8TH ANNUAL  
**PARRAMATTA  
 PRIDE PICNIC**

SUNDAY 14TH SEPTEMBER 2014  
 10AM TO 4PM

Come along to the 2014 Parra Pride picnic. A day of celebration for the LGBTI community in the Western Suburbs.

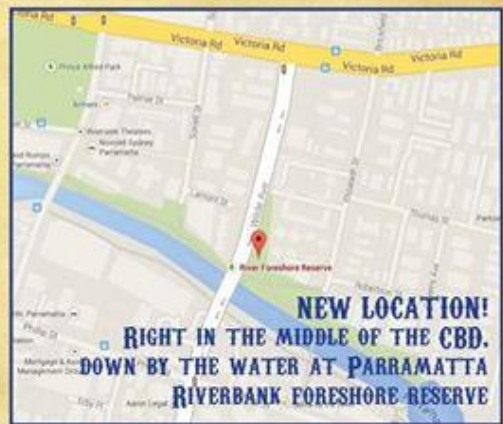
**DOGGYWOOD + FOOD TRUCKS  
 BBQ + ENTERTAINMENT  
 GAMES & MUSIC**

Bring your dog and enter them in the DOGGYWOOD competition. Prizes for best dressed, best in show and most like owner.

Bring a picnic lunch and a blanket or purchase from the BBQ supplied by the Western Suburbs Haven.

**FOR MORE INFORMATION**

Contact Judy from PFLAG  
 Tel 02 9869 1454 or  
 Email [info@pflagaustralia.org.au](mailto:info@pflagaustralia.org.au)



Proudly sponsored by

The picnic will be officially opened by The Hon. Helen Westwood MLC.  
 The Parramatta Pride Picnic is organised by the Parramatta Queer Forum, a group of individuals and GLBTI community organisations from the Parramatta and surrounding areas.



# Haven Hours

## **DROP-IN HOURS:**

**Monday- Friday 9am – 2.30pm**

**If you would like to discuss any private issues with office staff drop in or call in any weekday however access to office staff on Tuesdays is by appointment only.**

*(This allows office staff time to tend to necessary paperwork uninterrupted)*

Phone: 9672 3600

Fax: 9672 3655

Email: **Colleen**

[thehavenoffice@bigpond.com](mailto:thehavenoffice@bigpond.com)

To speak to a guest or a volunteer, call 9622 2413.